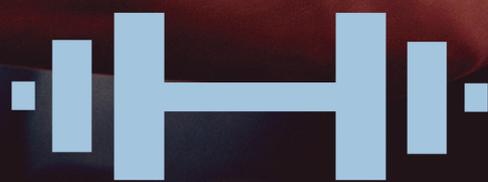


SIGN UP TODAY FOR YOUR VERY OWN LEGALLY
BINDING CONTRACT LOADED WITH UNFAIR TERMS
AND AMBIGUOUS CONDITIONS.

HUSTLE FOR THAT MUSCLE



SPECIAL OFFER ON 'ROLLING CONTRACTS'
GIVE US 3 MONTHS NOTICE IN WRITING OR
WE'LL CHARGE YOU FOR THE NEXT YEAR.

BARGAIN!

Don't bother reading this, it's just the small print.

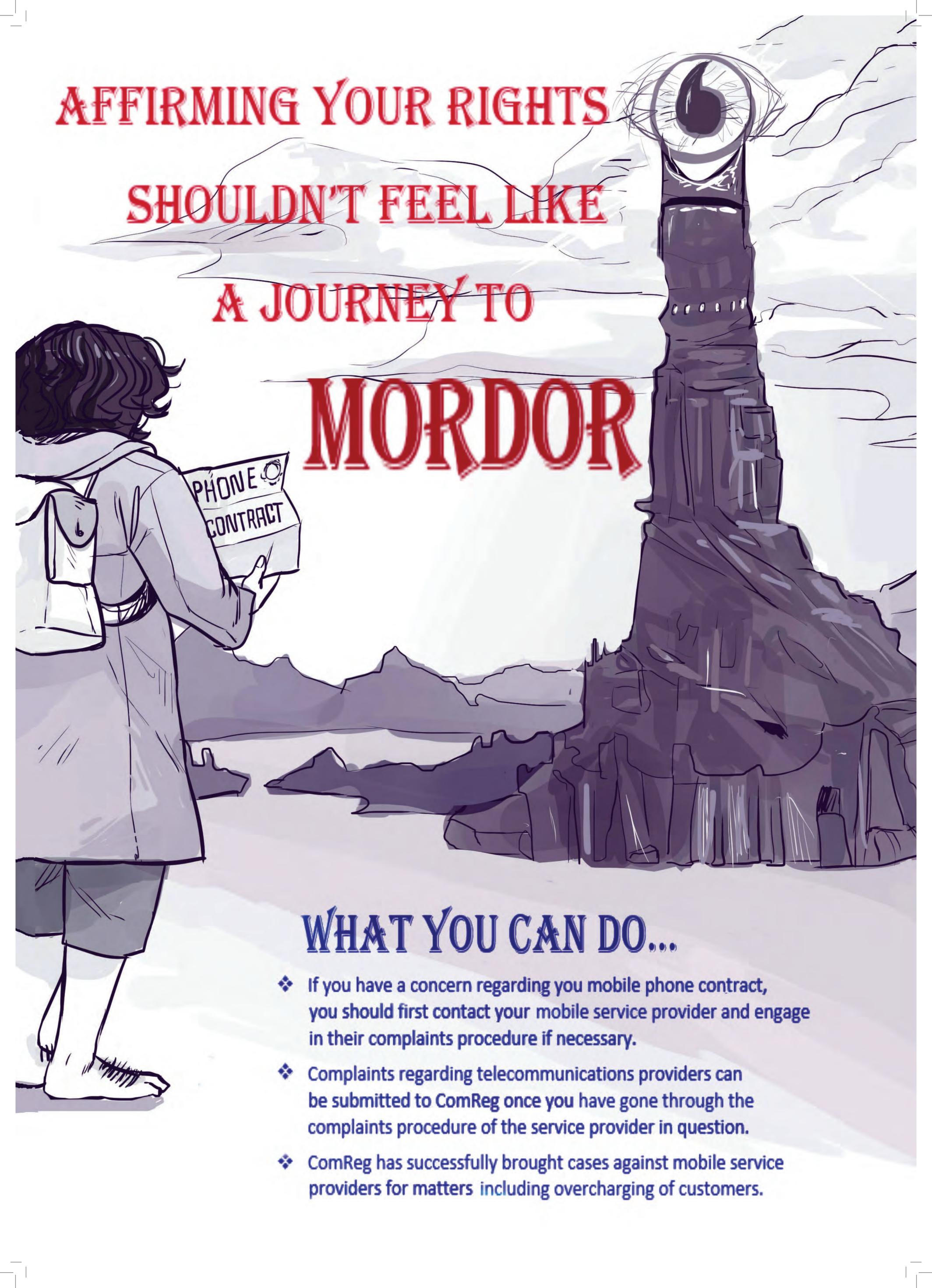
We are not liable for death or injury on our premises.

Be sure to 'insert vague reference to cancellation charges here'.

DON'T LET YOUR GYM THROW ITS WEIGHT AROUND!

Unfair terms in gym membership contracts are never enforceable.

As a consumer, even if you have signed a membership contract, unfair terms are not binding on you. If you have a dispute with your gym, you can try to resolve it with your gym, take a case in the Small Claims Court, or make a complaint to the Competition and Consumer Protection Commission. - www.consumerhelp.ie



AFFIRMING YOUR RIGHTS

SHOULDN'T FEEL LIKE

A JOURNEY TO

MORDOR

WHAT YOU CAN DO...

- ❖ If you have a concern regarding your mobile phone contract, you should first contact your mobile service provider and engage in their complaints procedure if necessary.
- ❖ Complaints regarding telecommunications providers can be submitted to ComReg once you have gone through the complaints procedure of the service provider in question.
- ❖ ComReg has successfully brought cases against mobile service providers for matters including overcharging of customers.