Functional Family Therapy in an Irish Context
Survey instruments

Study title: Functional Family Therapy in an Irish Context
Year: 2010 - 2014
Investigators: Alan Carr, Dan Hartnett and Clare Graham, University College Dublin; Tom Sexton, Indiana University

Contents

A. Survey tool for completion by young person

	Young person's demographic questionnaire *Questions in italics were completed by researcher*		
D1	*Case number*		
D2	*Referral source*	*Youth Justice = 1 Behaviour support = 2 Health Service = 3 School = 4 Community agency = 5 Other = 6*	
D3	*Time of assessment*	*Pre-treatment = 1 Post-treatment = 2 6 month follow-up = 3 12 month follow-up = 4* *If its post-treatment or 6 or 12 month follow-up skip D4-9*	
D4	Are you male or female (please circle)	1 = Female	
		2 = Male	
D5	What country is your family from?		
D6	What age are you now?	Years: Months:	
D7	Circle the number opposite the highest exam you passed	0 = No exams	
		1 = Junior school in 5th or 6th class exam	
		2 = Junior cert (or other mid high school exam)	
		3 = Leaving cert or higher (or other end of high school exam)	
		4 = Apprenticeship exam	
D8	What job has the main earner in your household?	Name of job	
D8b	*Classify job of main earner*	*0 = Unemployed*	
		1 = Unskilled manual	
		2 = Semi-skilled manual and farmers owning less than 30 acres	
		3 = Skilled manual and farmers owning 30-49 acres	
		4 = Other non-manual and farmers owning 50-99 acres	
		5 = Lower professional and lower managerial; farmers owning 100-199 acres	

		6 = Higher professional and higher managerial; farmers owning 200 or more acres	
D9	Who lives in your house?	List them in this box (e.g. mum, dad, gran and 3 brothers).	
D9a	Mother	1 = Yes 0 = No	
D9b	Father	1 = Yes 0 = No	
D9c	Step-father	1 = Yes 0 = No	
D9d	Step-mother	1 = Yes 0 = No	
D9e	Other	1 = Yes 0 = No	
D9f	No of children (including respondent)	Give number	

Strengths and Difficulties Questionnaire (SDQ)

For each of these statements can you say if it Not True, Somewhat True or Certainly True on the basis of your behaviour over the last six months (or the past 2 weeks if this is your second or third time filling out this form).

	Begin each statement with 'Childs name has been…..in the past 6 months (or 2 weeks)	Not True	Somewhat true	Certainly true
SDQ_1	I try to be nice to other people. I care about their feelings	0	1	2
SDQ_2	I am restless, I cannot stay still for long	0	1	2
SDQ_3	I get a lot of headaches, stomach-aches or sickness	0	1	2
SDQ_4	I usually share with others (food, games, pens etc.) I usually share with others (food, games, pens etc.) I usually share with others (food, games, pens etc.)	0	1	2
SDQ_5	I get very angry and often lose my temper	0	1	2
SDQ_6	I am usually on my own. I generally play alone or keep to myself	0	1	2
SDQ_7	I usually do as I am told	0	1	2
SDQ_8	I worry a lot	0	1	2
SDQ_9	I am helpful if someone is hurt, upset or feeling ill	0	1	2
SDQ_10	I am constantly fidgeting or squirming	0	1	2
SDQ_11	I have one good friend or more	0	1	2
SDQ_12	I fight a lot. I can make other people do what I want	0	1	2
SDQ_13	I am often unhappy, down-hearted or tearful	0	1	2

SDQ_14	Other people my age generally like me	0	1	2
SDQ_15	I am easily distracted, I find it difficult to concentrate	0	1	2
SDQ_16	I am nervous in new situations. I easily lose confidence	0	1	2
SDQ_17	I am kind to younger children	0	1	2
SDQ_18	I am often accused of lying or cheating	0	1	2
SDQ_19	Other children or young people pick on me or bully me	0	1	2
SDQ_20	I often volunteer to help others (parents, teachers, children)	0	1	2
SDQ_21	I think before I do things	0	1	2
SDQ_22	I take things that are not mine from home, school or elsewhere	0	1	2
SDQ_23	I get on better with adults than with people my own age	0	1	2
SDQ_24	I have many fears, I am easily scared	0	1	2
SDQ_25	I finish the work I'm doing. My attention is good	0	1	2

Systemic Clinical Outcome and Routine Evaluation 28-item version (SCORE)

The next set of questions are about how you see your family **at the moment.** So we are asking for YOUR view of your family.

When people say 'your family' they often mean the people who live in your house. But we want you to choose who you want to count as the family you are going to describe. All the questions are answered the same way- you give a rating between 1 and 6.

1 means that describes my family very well and 6 means that does not describe my family at all.

		1 Extremely well	2 Very well	3 Well	4 A bit	5 Not well	6 Not at all
SCORE_1	SCORE-28 Question 1	1	2	3	4	5	6
SCORE_2	SCORE-28 Question 2	1	2	3	4	5	6
SCORE_3	SCORE-28 Question 3	1	2	3	4	5	6
SCORE_4	SCORE-28 Question 4	1	2	3	4	5	6
SCORE_5	SCORE-28 Question 5	1	2	3	4	5	6
SCORE_6	SCORE-28 Question 6	1	2	3	4	5	6
SCORE_7	SCORE-28 Question 7	1	2	3	4	5	6

SCORE_8	SCORE-28 Question 8	1	2	3	4	5	6
SCORE_9	SCORE-28 Question 9	1	2	3	4	5	6
SCORE_10	SCORE-28 Question 10	1	2	3	4	5	6
SCORE_11	SCORE-28 Question 11	1	2	3	4	5	6
SCORE_12	SCORE-28 Question 12	1	2	3	4	5	6
SCORE_13	SCORE-28 Question 13	1	2	3	4	5	6
SCORE_14	SCORE-28 Question 14	1	2	3	4	5	6
SCORE_15	SCORE-28 Question 15	1	2	3	4	5	6
SCORE_16	SCORE-28 Question 16	1	2	3	4	5	6
SCORE_17	SCORE-28 Question 17	1	2	3	4	5	6
SCORE_18	SCORE-28 Question 18	1	2	3	4	5	6
SCORE_19	SCORE-28 Question 19	1	2	3	4	5	6
SCORE_20	SCORE-28 Question 20	1	2	3	4	5	6
SCORE_21	SCORE-28 Question 21	1	2	3	4	5	6
SCORE_22	SCORE-28 Question 22	1	2	3	4	5	6
SCORE_23	SCORE-28 Question 23	1	2	3	4	5	6
SCORE_24	SCORE-28 Question 24	1	2	3	4	5	6
SCORE_25	SCORE-28 Question 25	1	2	3	4	5	6
SCORE_26	SCORE-28 Question 26	1	2	3	4	5	6

SCORE_27	SCORE-28 Question 27	1	2	3	4	5	6
SCORE_28	SCORE-28 Question 28	1	2	3	4	5	6
SCORE_29	SCORE-28 Question 29	1	2	3	4	5	6
SCORE_A	SCORE-28 Question A – redacted, open ended response required here						
SCORE_B	SCORE-28 Question B – redacted It is now no problem at all 1 2 3 4 5 6 7 8 9 10 It is really awful						
SCORE_C	SCORE-28 Question C – redacted It doesn't affect us much 1 2 3 4 5 6 7 8 9 10 It totally spoils our family life						

Basic Empathy Scale (BES)

The following are characteristics that may or may not apply to you **at the moment.** All the questions are answered the same way- you give a rating between 1 and 5. 1 means that you strongly disagree and 5 means that you strongly agree.

		Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
BES_1	BES question 1	1	2	3	4	5
BES_2	BES question 2	1	2	3	4	5
BES_3	BES question 3	1	2	3	4	5
BES_4	BES question 4	1	2	3	4	5
BES_5	BES question 5	1	2	3	4	5
BES_6	BES question 6	1	2	3	4	5
BES_7	BES question 7	1	2	3	4	5
BES_8	BES question 8	1	2	3	4	5
BES_9	BES question 9	1	2	3	4	5
BES_10	BES question 10	1	2	3	4	5
BES_11	BES question 11	1	2	3	4	5
BES_12	BES question 12	1	2	3	4	5
BES_13	BES question 13	1	2	3	4	5
BES_14	BES question 14	1	2	3	4	5
BES_15	BES question 15	1	2	3	4	5
BES_16	BES question 16	1	2	3	4	5
BES_17	BES question 17	1	2	3	4	5
BES_18	BES question 18	1	2	3	4	5
BES_19	BES question 19	1	2	3	4	5
BES_20	BES question 20	1	2	3	4	5

UPPS Impulsive Behaviour Scale

Below are a number of statements that describe ways in which people act and think. For each statement, please indicate how much you agree or disagree with the statement **at the moment.** All the questions are answered the same way- you give a rating between 1 and 4. 1 means that you strongly agree and 4 means that you strongly disagree.

		Agree Strongly	Agree Some	Disagree Some	Disagree Strongly
UPPS_1	UPPS question 1	1	2	3	4
UPPS_2	UPPS question 2	1	2	3	4
UPPS_3	UPPS question 3	1	2	3	4
UPPS_4	UPPS question 4	1	2	3	4
UPPS_5	UPPS question 5	1	2	3	4
UPPS_6	UPPS question 6	1	2	3	4
UPPS_7	UPPS question 7	1	2	3	4
UPPS_8	UPPS question 8	1	2	3	4
UPPS_9	UPPS question 9	1	2	3	4
UPPS_10	UPPS question 10	1	2	3	4
UPPS_11	UPPS question 11	1	2	3	4
UPPS_12	UPPS question 12	1	2	3	4
UPPS_13	UPPS question 13	1	2	3	4
UPPS_14	UPPS question 14	1	2	3	4
UPPS_15	UPPS question 15	1	2	3	4
UPPS_16	UPPS question 16	1	2	3	4
UPPS_17	UPPS question 17	1	2	3	4
UPPS_18	UPPS question 18	1	2	3	4
UPPS_19	UPPS question 19	1	2	3	4
UPPS_20	UPPS question 20	1	2	3	4

Client Outcome Measure (COM)			
Please read each question and circle the letter beside the answer that best describes your family.			
COM_1	COM question 1	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
COM_2	COM question 2	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
		e	[Response e text – redacted]
COM_3	COM question 3	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
		e	[Response e text – redacted]
COM_4	COM question 4	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
COM_5	COM question 5	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
		e	[Response e text – redacted]
COM_6	COM question 6	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]
		e	[Response e text – redacted]
COM_7	COM question 7	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]

		d	[Response d text – redacted]
		e	[Response e text – redacted]
		f	[Response f text – redacted]
COM_8	COM question 8	a	[Response a text – redacted]
		b	[Response b text – redacted]
		c	[Response c text – redacted]
		d	[Response d text – redacted]

B. Survey tool for completion by young person's parent

<table>
<tr><td colspan="4" align="center">Parent's demographic questionnaire
Questions in italics were completed by researcher</td></tr>
<tr><td>D1</td><td colspan="2">Case number</td><td></td></tr>
<tr><td>D2</td><td>Referral source</td><td>1 = Youth Justice
2 = Behaviour support
3 = Health Service
4 = School
5 = Community agency
6 = Other</td><td></td></tr>
<tr><td>D3</td><td>Time of assessment</td><td>1 = Pre-treatment
2 = Post-treatment
3 = 6 month follow-up
4 = 12 month follow-up

If its post-treatment or 6 or 12 month follow-up skip D4-9</td><td></td></tr>
<tr><td>D4</td><td>Are you male or female (please circle)</td><td>1 = Female</td><td></td></tr>
<tr><td></td><td></td><td>2 = Male</td><td></td></tr>
<tr><td>D5</td><td>What country is your family from?</td><td></td><td></td></tr>
<tr><td>D6</td><td>What age are you now?</td><td>Years:
Months:</td><td></td></tr>
<tr><td>D7</td><td>Circle the number opposite the highest exam you passed</td><td>0 = No exams</td><td></td></tr>
<tr><td></td><td></td><td>1 = Junior school in 5th or 6th class exam</td><td></td></tr>
<tr><td></td><td></td><td>2 = Junior cert (or other mid high school exam)</td><td></td></tr>
<tr><td></td><td></td><td>3 = Leaving cert or higher (or other end of high school exam)</td><td></td></tr>
<tr><td></td><td></td><td>4 = Apprenticeship exam</td><td></td></tr>
<tr><td></td><td></td><td>5 = Certificate or diploma</td><td></td></tr>
<tr><td></td><td></td><td>6 = Degree</td><td></td></tr>
<tr><td>D8a</td><td>What job has the main earner in your household?</td><td>Name of job</td><td></td></tr>
<tr><td>D8b</td><td>Classify job of main earner</td><td>0 = Unemployed</td><td></td></tr>
<tr><td></td><td></td><td>1 = Unskilled manual</td><td></td></tr>
<tr><td></td><td></td><td>2 = Semi-skilled manual and farmers owning less than 30 acres</td><td></td></tr>
<tr><td></td><td></td><td>3 = Skilled manual and farmers owning 30-49 acres</td><td></td></tr>
<tr><td></td><td></td><td>4 = Other non-manual and farmers owning 50-99 acres</td><td></td></tr>
<tr><td></td><td></td><td>5 = Lower professional and lower managerial; farmers owning 100-199 acres</td><td></td></tr>
</table>

		6 = Higher professional and higher managerial; farmers owning 200 or more acres	
D9	Who lives in your house?	List them in this box (e.g. myself, my child's father, gran and 3 children).	
D9a	*Mother*	*1 = Yes* *0 = No*	
D9b	*Father*	*1 = Yes* *0 = No*	
D9c	*Step-father*	*1 = Yes* *0 = No*	
D9d	*Step-mother*	*1 = Yes* *0 = No*	
D9e	*Other*	*1 = Yes* *0 = No*	
D9f	*Number of children*	*Give number*	

Strengths and Difficulties Questionnaire (SDQ)				
For each of these statements can you say if it Not True, Somewhat True or Certainly True on the basis of X's behaviour over the last six months (or the past 2 weeks if this is your second or third time filling out this form at Teen Counselling).				
	Begin each statement with 'Childs name has been…..in the past 6 months (or 2 weeks)	Not True	Somewhat true	Certainly true
SDQ_1	Considerate of other people's feelings	0	1	2
SDQ_2	Restless, overactive, cannot stay still for long	0	1	2
SDQ_3	Often complains of headaches, stomach-aches or sickness	0	1	2
SDQ_4	Shares readily with other children (treats, toys, pencils etc.)	0	1	2
SDQ_5	Often has temper tantrums or hot tempers	0	1	2
SDQ_6	Rather solitary, tends to play alone	0	1	2
SDQ_7	Generally obedient, usually does what adults request	0	1	2
SDQ_8	Many worries, often seems worried	0	1	2
SDQ_9	Helpful if someone is hurt, upset or feeling ill	0	1	2
SDQ_10	Constantly fidgeting or squirming	0	1	2
SDQ_11	Has at least one good friend	0	1	2
SDQ_12	Often fights with other children or bullies them	0	1	2
SDQ_13	Often unhappy, down-hearted or tearful	0	1	2
SDQ_14	Generally liked by other children	0	1	2
SDQ_15	Easily distracted, concentration wanders	0	1	2
SDQ_16	Nervous or clingy in new situations, easily loses confidence	0	1	2
SDQ_17	Kind to younger children	0	1	2
SDQ_18	Often lies or cheats	0	1	2

SDq_19	Picked on or bullied by other children	0	1	2
SDQ_20	Often volunteers to help others (parents, teachers, other children)	0	1	2
SDQ_21	Thinks things out before acting	0	1	2
SDQ_22	Steals from home, school or elsewhere	0	1	2
SDQ_23	Gets on better with adults than with other children	0	1	2
SDQ_24	Many fears, easily scared	0	1	2
SDQ_25	Sees tasks through to the end, good attention span	0	1	2

Systemic Clinical Outcome and Routine Evaluation 28-item version (SCORE)

The next set of questions are about how you see your family at the moment. So we are asking for YOUR view of your family. When people say 'your family' they often mean the people who live in your house. But we want you to choose who you want to count as the family you are going to describe. All the questions are answered the same way- you give a rating between 1 and 6. 1 means that describes my family very well and 6 means that does not describe my family at all.

		1 Extremely well	2 Very well	3 Well	4 A bit	5 Not well	6 Not at all
S28_1	SCORE-28 Question 1	1	2	3	4	5	6
S28_2	SCORE-28 Question 2	1	2	3	4	5	6
S28_3	SCORE-28 Question 3	1	2	3	4	5	6
S28_4	SCORE-28 Question 4	1	2	3	4	5	6
S28_5	SCORE-28 Question 5	1	2	3	4	5	6
S28_6	SCORE-28 Question 6	1	2	3	4	5	6
S28_7	SCORE-28 Question 7	1	2	3	4	5	6
S28_8	SCORE-28 Question 8	1	2	3	4	5	6
S28_9	SCORE-28 Question 9	1	2	3	4	5	6
S28_10	SCORE-28 Question 10	1	2	3	4	5	6
S28_11	SCORE-28 Question 11	1	2	3	4	5	6

S28_12	SCORE-28 Question 12	1	2	3	4	5	6
S28_13	SCORE-28 Question 13	1	2	3	4	5	6
S28_14	SCORE-28 Question 14	1	2	3	4	5	6
S28_15	SCORE-28 Question 15	1	2	3	4	5	6
S28_16	SCORE-28 Question 16	1	2	3	4	5	6
S28_17	SCORE-28 Question 17	1	2	3	4	5	6
S28_18	SCORE-28 Question 18	1	2	3	4	5	6
S28_19	SCORE-28 Question 19	1	2	3	4	5	6
S28_20	SCORE-28 Question 20	1	2	3	4	5	6
S28_21	SCORE-28 Question 21	1	2	3	4	5	6
S28_22	SCORE-28 Question 22	1	2	3	4	5	6
S28_23	SCORE-28 Question 23	1	2	3	4	5	6
S28_24	SCORE-28 Question 24	1	2	3	4	5	6
S28_25	SCORE-28 Question 25	1	2	3	4	5	6
S28_26	SCORE-28 Question 26	1	2	3	4	5	6
S28_27	SCORE-28 Question 27	1	2	3	4	5	6
S28_28	SCORE-28 Question 28	1	2	3	4	5	6
S28_29	SCORE-28 Question 29	1	2	3	4	5	6
S28_A	SCORE-28 Question A						
S28_B	SCORE-28 Question B						
S28_C	SCORE-28 Question C						

Client Outcome Measure (COM)			
Please read each question and circle the letter beside the answer that best describes your family.			
COM_1	COM question 1	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
COM_2	COM question 2	a	Response a text

		b	Response b text
		c	Response c text
		d	Response d text
		e	Response e text
COM_3	COM question 3	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
		e	Response e text
COM_4	COM question 4	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
COM_5	COM question 5	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
		e	Response e text
COM_6	COM question 6	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
		e	Response e text
COM_7	COM question 7	a	Response a text
		b	Response b text
		c	Response c text
		d	Response d text
		e	Response e text
		f	Response f text
COM_8	When it comes to problems in our family:	a	Response b text
		b	Response c text
		c	Response d text
		d	Response e text