

The Irish Longitudinal Study on Ageing

Derived Variables Codebook

Wave 3

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This codebook contains information on additional variables included in the TILDA Wave 3 dataset. Notes on how the variable was derived are included where necessary.

A list of the original variables used for derivation are included. Please note that not all original variables are included in released versions of the datasets.

Where possible, details of any original documentation relating to scale scoring or information are included.

For any further enquires on variables not listed here, please refer to the TILDA release guide available on the TILDA website www.tilda.ie.



http://www.tilda.ie

The Irish Longitudinal Study on Ageing

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Functional Limitations

Activities of Daily Living

$\mathbf{ADL}_{oldsymbol{-}}$	report	ted
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Description: Indicator variable for respondents who have reported any ADL.

Notes: This variable is not comparable with TILDA Wave 1.

Response options:

0 = No

1 = Yes

Variables used:

fl002_01 - fl002_06

ADL_helper

Description: Indicator variable for respondents report having help for their ADL(s).

Notes: This variable is not comparable with TILDA Wave 1.

Response options:

0 = No

1 = Yes

Variables used:

f1005, f1008, f1011, f1013, f1016, f1019

IADL_reported

Description: Indicator variable for respondents who have reported any IADLs.

Response options:

0 = No

1 = Yes

Variables used:

fl025_01 - fl025_06

IADL_helper

Description: Indicator variable for respondents report having help for their IADL(s).

Response options:

0 = No

1 = Yes

Variables used:

fl026, fl029, fl030, fl031

adla

Description: Reports number of ADLs from list of 5.

ADLs included:

- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food
- Getting in or out of bed
- Walking across a room.

0 = None

1 =Single ADL

2 = 2-3 ADLs

4 = 4 + ADLs

Variables used:

f1002_01 - f1002_05

adlwa

Description: Number of Wallace and Herzog proposed ADLs: 0-3.

ADLs included:

- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food

0 = None

1 = Single ADL

2 = 2-3 ADLs

4 = 4 + ADLs

Notes:

Refer to Wallace, R. B., & Herzog, A. R. (1995). Overview of the health measures in the Health and Retirement Study. The Journal of Human Resources XXX (Suppl.), S84-S107 for more details on the Wallace and Herzog proposed ADL scale.

Variables used:

f1002_01, f1002_03, f1002_04

iadla

Description: Reports number of IADLs from list of 3.

IADLs included:

- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:

fl025_04 - fl025_06

iadlza

Description: Reports number of IADLs from list of 5.

IADLs included:

- Preparing a hot meal
- Shopping for groceries
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:

fl025_01, fl025_03, fl025_04, fl025_05, fl025_06

mobilb

Description: ADL & IADL mobility index: 0-4.

Limitations included:

- Walking 100 meters (100 yards)
- Walking across a room
- Climbing several flights of stairs
- Climbing one flight of stairs without resting

Variables used:

f1001_01, f1001_05, f1001_06, f1002_02

lgmusa

Description: ADL & IADL large muscle index: 0-4.

Limitations included:

- Sitting for about two hours
- Getting up from a chair after sitting for long periods
- Stooping, kneeling or crouching
- Pulling or pushing large objects like a living room chair

Variables used:

f1001_03, f1001_04, f1001_07, f1001_09

grossa

Description: ADL & IADL gross motor index: 0-5.

Limitations included:

- Walking 100 meters
- Walking across a room
- Climbing one flight of stairs without resting for long periods
- Getting in or out of bed
- Bathing or showering

Variables used:

f1001_01, f1001_06, f1002_02, f1002_05, f1002_03

finea

Description: ADL & IADL fine motor: 0-3.

Limitations included:

- Picking up a small coin from a table
- Eating, such as cutting up your food
- Dressing

Variables used:

f1001_11, f1002_01, f1002_04

DISimpairments

Description: Number of physical limitations

Variables used:

 $fl001_01 - fl001_11$

DISadl

Description: Number of ADL impairments

Variables Used:

fl002_01 - fl002_06

DISadl

Description: Number of ADL impairments

Variables Used:

fl025_01 - fl025_06

DISdisab3

Description: Indicator variable for respondents with ADL or IADL disabilities

Variables Used:

 $f1001_01 - f1001_11, \, f1002_01 - f1002_06, \, f1025_01 - f1025_06$

DISlongterm

Description: Indicator for respondents with long term illness

Response Options

1 = No longer term illness

2 = Long term illness

3 = Limiting long term illness

Variables Used:

ph003

DISvision

Description: Respondent's self-rated vision

Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor or Registered Blind
Variables Used:
ph102
DIShearing Description: Respondent's self-rated hearing
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor or Registered Blind
Variables Used:
ph108

DISconverse1 Description: Difficulty following a conversation with 1 person **Response Options** 1 = None2 = Some3 = Much/Impossible Variables Used: ph109 **DISconverse4** Description: Difficulty following a conversation with 4 people **Response Options** 1 = None2 = Some3 = Much/ImpossibleVariables Used: ph110 **DIStaste** Description: Respondent's self-rated sense of taste. Response Options: 1 = Excellent2 = Very Good3 = Good

Variables Used:

5 = Poor or Registered Blind

ph113

4 = Fair

DIShelpwithadliadl

Description: Whether participant receives any help with an ADL or IADL.

Notes: Don't know/Refused set to missing.

0 = Does not receive help with an ADL or IADL

1 = Receives help with ADL or IADL

Variables used:

fl005 fl008 fl011 fl013 fl016 fl019 fl026 fl029 fl030 fl031

DISsmell

Description: Respondent's self-rated sense of smell.

Response Options:

1 = Excellent

2 = Very Good

3 = Good

4 = Fair

5 = Poor or Registered Blind

Variables Used:

ph112

Health

Physical and Mental Health

COGimmediatedrecall1

Description: Results of the first immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:

ph117, ph119

COGimmediatedrecall2

Description: Results of the second immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:

ph118, ph120

COGdelayedrecall

Description: Score for delayed recall test

Variables used:

ph712

COGprosmem1

Description: Result of prospective memory test 1 – record time

Response Options

0 = fail

1 = pass

Variables used:

Ph715

COGprosmem2

Description: Result of prospective memory test 2 – write initials

Response Options

0 = fail

1 = pass

Variables used:

ph419

COGmmse

Description: Total scoring of the Mini Mental State Examination.

Notes: The MMSE was only asked in the health assessment in Wave 1 of TILDA. It is included in the CAPI for Wave 2 and 3.

The total MMSE score was calculated by summing the item scores across all 11 tasks, taking the higher score of either the WORLD or Serial 7's (maximum 30 points).

For full details on the Mini-mental state examination, please refer to http://www.ncbi.nlm.nih.gov/pubmed/1202204

A full comprehensive explanation of the MMSE scoring and tasks are included in the **TILDA Release Notes**.

Variables used

ph121, ph122, ph123, ph124, ph126, ph127, ph128, ph129, ph130, ph131, ph132, ph133, ph134, ph135, ph136, ph13, ph138, ph139, ph140,

COGanimal_naming

Description: Number of animals named in one minute

Note: Respondents are asked to name as many animals as they can in 1 minute

Variables used: ph125

MHcesd_capi_sf

Description: Indicator as to whether respondent has depressive symptoms.

Response options:

- 1 =Rarely or none of the time (less than 1 day)
- 2 =Some or a little of the time (1-2 days)
- 3 = Occasionally or a moderate amount of time (3-4 days)
- 4 = All of the time (5-7 days)

Scoring is as follows -

mh006, mh007, mh011, mh014, mh018, mh020,

The scale adds the value of the participant's response minus 1.

E.G. For question mh006, with the response "Occasionally or a moderate amount of time (3-4 days)", a 2 would be added to the scale result (3 - 1 = 2).

The scale adds 4 minus the value of the participant's response

E.G. For question mh012, with the response "Some or a little of the time (1-2 days)", a 2 would be added to the scale result (4-2=2)

mh012, mh016

The scale adds 4 minus the value of the participant's response

Variables used: mh006, mh007, mh011, mh014, mh018, mh020

Further information:

O'Halloran, A. M., R. A. Kenny and B. L. King-Kallimanis (2014). "The latent factors of depression from the short forms of the CES-D are consistent, reliable and valid in community-living older adults." <u>European Geriatric Medicine</u> **5**(2): 97-102.

MHhadsa_capi

Description: Overall result of the HADs anxiety scale.

Notes: HADs scale is set as missing if any question has missing response.

Scoring is as follows –

mh204, mh205:

The scale adds the value of the participant's response minus 1.

E.G. For question mh204, with the response "Usually", a 1 would be added to the scale result (2 - 1 = 1).

mh201, mh202, mh203, mh206, mh207:

The scale adds 4 minus the value of the participant's response

E.G. For question mh201, with the response "A lot of the time", a 2 would be added to the scale result (4-2=2)

Variables used:

mh201 - mh207

Further information:

Zigmond, AS; Snaith, RP (1983). "The hospital anxiety and depression scale". *Acta Psychiatrica Scandinavica* 67 (6): 361–370

MHpennworry

Description: Overall result of the Penn State Worry scale.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:

1 = Not at all typical

2 = In between

3 = Somewhat typical

4 = In between

5 = Very typical

Scoring:

The scale score is the result of all items added together. Each item is worth the value of their response option number.

Variables used:

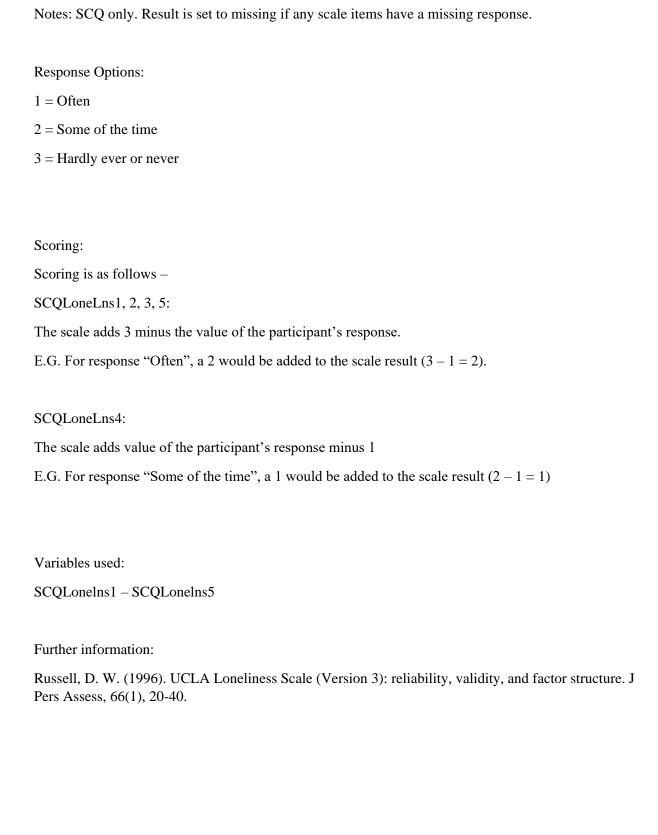
SCQWORRY1 - SCQWORRY8

Further information:

Meyer, T. J., Miller, M. L., Metzger, R. L., & Borkovec, T. D. (1990). Development and validation of the Penn State Worry Questionnaire. Behav Res Ther, 28(6), 487-495.

MHucla_loneliness

Description: Overall result of the UCLA Loneliness scale.



MHcapi_loneliness

Description: Frequency of loneliness taken from the CAPI questionnaire.

Notes: Don't know/Refused set to missing. Cloned variable of mh014.

1 = Rare of never

2 =Some of the time

3 = Moderate amount of the time

4 = All of the time

Variables used:

mh014

MHcidi_anxiety

Description: Indicates whether respondent fulfils the DSM criteria for general anxiety disorder based on an episode lasting 6 months or longer.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).

For more information on the CIDI please refer to http://onlinelibrary.wiley.com/doi/10.1002/mpr.47/epdf

DSM-IV criteria code: 300.02 - Generalized anxiety disorder

Criteria is met if participant has had –

Period of worry lasting at least 5 months (mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305)

Severe worry (mh306, mh307, mh308, mh310)

Difficult to control worry (mh309, mh311, mh312)

Additional miscellaneous anxiety symptoms (mh314 – mh320)

Response options:

0 = No

1 = Yes

Variables used:

mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305, mh306, mh307, mh308, mh309, mh310, mh311, mh312, mh314, mh315, mh316, mh317, mh318, mh319, mh320

MHcidi_depression

Description: Indicates whether respondent has had a major depressive episode in the past 12 months.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).

For more information on the CIDI please refer to http://onlinelibrary.wiley.com/doi/10.1002/mpr.47/epdf

DSM-IV criteria code: 300.4 Dysthymic disorder

There are two cases where participants are categorised as having a major depressive episode.

Participants who meet the criteria; has felt depressed or lost interest in most activities at least almost every day for at least most of the day in the past 12 months (mh101, mh102, mh103) are asked a number of additional depression symptoms (mh104, mh105, mh108, mh110, mh112, mh113). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

Participants who meet the criteria; lost interest in most activities almost every day at least most of the day for two weeks or more in a row in the past 12 months (mh120, mh121, mh122) are asked a number of additional depression related symptoms (mh123, mh126, mh128, mh129, mh130, mh131). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

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Recno	nce	Ontio	nc.
Respo	msc.	Opuo	ns.

0 = No

1 = Yes

Variables used:

mh101, h102, mh103, mh120, mh121, mh122, mh104, mh105, mh108, mh110, mh112, mh113, mh123, mh126, mh128, mh129, mh130, mh131

MHcasp12_total

Description: Overall result including all domains of the CASP-19 scale.

Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:

1 = Often

2 = Not often

3 = Sometimes

4 = Never

Scoring is as follows -

SCQCASP1, 2, 4, 8 and 9 are reverse scored.

SCQCASP1, SCQCASP2, SCQCASP4, SCQCASP8, SCQCASP9:

The scale adds the value of the participant's response minus 1.

E.G. For question SCQCASP1, with the response "Not Often", a 1 would be added to the scale result (2-1=1).

SCQCASP3, SCQCASP7, SCQCASP10, SCQCASP11, SCQCASP13, SCQCASP17, SCQCASP18.

The scale adds 4 minus the value of the participant's response

E.G. For question SCQCASP3, with the response "Not often", a 2 would be added to the scale result (4-2=2)

Variables used:

SCQCASP1 - SCQCASP18

Further information:

Sexton, E., B. L. King-Kallimanis, R. M. Conroy and A. Hickey (2013). "Psychometric evaluation of the CASP-19 quality of life scale in an older Irish cohort." Quality of Life Research 22(9): 2549-2559. (https://www.ncbi.nlm.nih.gov/pubmed/23504522)

MHcasp12_control

Description: Result of the control domain of the CASP-12 scale.

Notes: SCQ only



- 1 = Often
- 2 = Not often
- 3 = Sometimes
- 4 = Never

The control domain includes the CASP1 – CASP4 items.

SCQCASP1, 2 and 4, are reverse scored.

Variables used:

SCQCASP1 - SCQCASP4

For more details on scoring, please refer to MHcasp12_total

MHcasp12_autonomy

Description: Result of the autonomy domain of the CASP-12 scale.

Notes: SCQ only

Response Options:

- 1 = Often
- 2 = Not often
- 3 = Sometimes
- 4 = Never

The control domain includes the CASP7 – CASP9 items.

SCQCASP8 and 9, are reverse scored.

Variables used:

SCQCASP7 – SCQCASP9

For more details on scoring, please refer to MHcasp12_total

MHcasp12_pleasure Description: Result of the pleasure domain of the CASP-12 scale. Notes: SCQ only Response Options: 1 = Often2 = Not often3 = Sometimes4 = NeverThe control domain includes the CASP10 – CASP13 items. Variables used: SCQCASP10, SCQCASP11 and SCQCASP13 For more details on scoring, please refer to MHcasp12_total MHcasp12_selfreal Description: Result of the self-realisation domain of the CASP-12 scale. Notes: SCQ only Response Options: 1 = Often2 = Not often3 = Sometimes4 = Never

The control domain includes the CASP17 - CASP18 items.

Variables used:

SCQCASP17 – SCQCASP18

For more details on scoring, please refer to MHcasp12_total

Pssscore

Description: Overall result including all domains of the Perceived Stress Scale (4items) 4-item. Scores range from 0 to 16, higher score indicates greater stress.

Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:

1 = Hardly ever

2 = Almost never

3 = Sometimes

4 = Fairly often

5 = Very often

Scoring is as follows -

SCQPPS2, 3 are reverse scored.

Variables used:

SCQPPS1, SCQPPS2, SCQPPS3, SCQPPS4

Further information:

Cohen, S., Kamarck, T., & Mermelstein, R. (1983). A global measure of perceived stress. Journal of Health and Social Behavior, 24, 385-396.

CHRany_pain Description: Indicates whether participant has any chronic pain
Note: includes proxy respondents
Response options:
0 = No pain
1 = Pain
Variables used:
Ph501
CHRpain_severity
Description: Indicates how severe participant's chronic pain is
Note: includes proxy respondents
Response options:
1 = Mild
2 = Moderate
3 = Severe
4 = Unknown
Variables used:
Ph502
CHRpainlinits Description: Indicates whether the participants chronic pain limits their activities
Note: Excludes proxy respondents
Response options:
O. Na
0 =No
1 = Yes

Variables used:
Ph504
CHRany_incontinence
Description: Indicates whether participant has had any urinary incontinence in last 12 months
Note: includes proxy respondents
Response options:
0 = No
1 = Yes
Variables used:
Ph601
CHRincontinence_freq
Description: Indicates the frequency of incidents of urinary incontinence
Note: includes proxy respondents
Response options:
0 = No incontinence
1 = Less than or equal to once a month
2 = More than once in a month
3 = Unknown
Variables used:
Ph602

CHRincontinencelimits

Description: Indicates whether urinary incontinence limits the participants activities

Note: includes proxy respondents

Response options:

0=No

1=Yes

Variables used:

Ph604

MDmeds

Description: Number of reported medications (including supplements)

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDmeds4

Description: Number of reported medications (including supplements)

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDmeds_excl_supps

Description: Number of regular medications (excluding supplements)

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDmeds4_excl_supps

Description: Number of regular medications (excluding supplements)

```
Variables used:

md001medcode_1 - md001medcode_20

md001medname_1 - md001medname_20
```

MDsupplements

Description: Number of reported supplements

```
Variables used:

md001medcode_1 - md001medcode_20

md001medname_1 - md001medname_20
```

MDpolypharmacy

Description: Indicator variable for respondents who report more than five medications (including supplements)

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDpoly_excl_supps

Description: Indicator variable for respondents who report more than five medications (excluding supplements)

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDpoly_extreme

Description: Indicator variable for respondents who report more than ten medications (including supplements)

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1-md001medname_20$

MDpoly_extreme_ex_supps

Description: Indicator variable for respondents who report more than ten medications (excluding supplements)

Response options:

0 = No

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1 - md001medname_20$

MDantidepressant

Description: Indicator variable for respondents who report at least one anti-depressant

Response options:

0 = No

1 = Yes

```
Variables used:

md001medcode_1 - md001medcode_20

md001medname_1 - md001medname_20
```

MDantihypertensives

Description: Indicator variable for respondents who report at least one anti-hypertensive

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20 md001medname_1 - md001medname_20
```

MDantihypertensives2

Description: Indicator variable for respondents who report at least one anti-hypertensive

Response options:

0 = No

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1-md001medname_20$

medcard

Description: Indicates whether respondent has a medical card.

Response options:

```
0 = No
```

1 = Yes

MDace_bbb Description:Indicator of respondents who take a BBB crossing ACE inhibitor Response options: 0 = No1 = YesVariables used: MDmeds, MDatc1-DMatc20 MDace_nonbbb Description:Indicator of respondents who take a non-BBB crossing ACE inhibitor Response options: 0 = No1 = YesVariables used: MDmeds, MDatc1-DMatc20 MDarb_bbb Description:Indicator of respondents who take a BBB crossing ARB Response options: 0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDarb_nonbbbDescription:Indicator of respondents who take a non-BBB crossing ARB Response options: 0 = No 1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

$MDarb_undbbb$

Description:Indicator of respondents who take an undetermined ARB

Response options:

0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDccb_bbb

Description:Indicator of respondents who take a BBB crossing Calcium channel blocker

Response options:

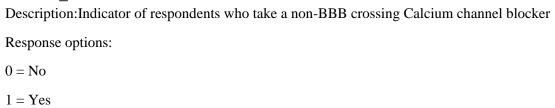
0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDccb_nonbbb



Variables used:

MDmeds, MDatc1-DMatc20

MDantihypertensivesC08CEG

Description:Indicator of respondents who take an antihypertensive from ATC C08C, C08E, or C0

MDppi

Description: Taking any Proton pump inhibitor

Response options:

0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDhypoglyc

Description: Taking any Blood glucose lowering drug, excl. insulins

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDinsulin

Description: Taking any Insulins and analogues

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDglycosides

Description: Taking any Cardiac glycosides

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

Mdantiarrhythmics

Description: Taking any Antiarrhythmics, class I and III

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDvasodil

Description: Taking any Vasodilators used in cardiac diseases

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantiadren

Description: Taking any Antiadrenergic agents, antihypertensives

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

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Description: Taking any Diuretic use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDlc_diur

Description: Taking any Low-ceiling diuretics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDhc_diur

Description: Taking any High-ceiling diuretics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDnons betab

Description: Taking any Non-selective beta-blocker use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDs_betab

Description: Taking any Selective beta blocker use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDccb

Description: Taking any Calcium channel blockers

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

N /	П	h	9	c	0

Description: Taking any ACE inhibitors

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDarb

Description: Taking any Angiotensin II Antagonist

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDstatin

Description: Taking any Statins

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDincont

Description: Taking any Drugs for urinary frequency and incontinence

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDalpha_bph

Description: Taking any Alpha-adrenoreceptor antagonist used in benign prostatic hypertrophy

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDnsaid

Description: Taking any NSAID

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDopioid

Description: Taking any Opioids

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantiepileptic

Description: Taking any Antiepileptics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantipark

Description: Taking any Anti-parkinson drugs

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDantipsych

Description: Taking any Antipsychotics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDnons_mari

Description: Taking any Non-selective monoamine reuptake inhibitors

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDssri

Description: Taking any SSRIs

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDotherantidep

Description: Taking any Other Antidepressant

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantihist

Description: Taking any Antihistamines

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

hu001health_ins

Description: Indicates whether respondent has health insurance.

Response options:

0 = No

1 = Yes

Variables used:

hu002

ph726_08_to_11

Description: Indicates whether respondent's family has had any history of cancer.

Notes: Family includes primary or first-degree relatives.

Cancers included:

Breast cancer Ovarian cancer Prostate cancer Colon Cancer

Response options:

0 = No

1 = Yes

Variables used:

ph726_08, ph726_09, ph726_10, ph726_11

smokcurr

Description: Indicates whether respondent is a current smoker or not

Notes: Include all respondents who smoked in the past three months. Those who responded no in previous interviews are asked again and included if they now smoke.

Response options:

0 = No

1 = Yes

Variables used:

bh001, bh002, bh002a, bh002b

BEHcage

Description: CAGE alcohol scale score

Variables Used:

SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

BEHcage

Description: Indicator variable for respondents with an alcohol problem

Response options:

0 = No

1 = Yes

Variables Used:

SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

ICD Codes

Variables used:

ph301_05

Incident cases of new diseases in Wave 3

TILDA Wave 3 uses the WHO International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) to code incident cases of new conditions.

These variables apply only to new cases of conditions from Wave 2 to Wave 3. Any respondent with a condition is grouped into their relevant ICD code.

For more information on these and a full breakdown of all conditions included, please refer to http://www.who.int/classifications/icd/en/
ICD10_01 Description: Certain infectious and parasitic diseases
Response options:
0 = No
1 = Yes
Variables used:
N/A
ICD10_02
Description: Neoplasms
Response options:
0 = No
1 = Yes

ICD10_03 Description: Diseases of the blood Response options: 0 = No1 = YesVariables used: N/AICD10_04 Description: Endocrine, nutritional and metabolic diseases Response options: 0 = No1 = YesVariables used: ph201_05, ph201_08, ph301_15a ICD10_05 Description: Mental and behaviour disorders Response options: 0 = No1 = YesVariables used:

ph301_07, ph301_08, ph301_08a, ph301_09, ph301_10, ph301_11

ICD10_06 Description: Diseases of the nervous system Response options: 0 = No1 = YesVariables used: ph201_07, ph301_06 ICD10_07 Description: Diseases of the eye and adnexa Response options: 0 = No1 = YesVariables used: ph105_01 - ph105_95 ICD10_08 Description: Diseases of the ear and mastoid process Response options:

0 = No

1 = Yes

N/A

Variables used:

ICD	10	09
\mathbf{L}	'Ιυ	リソ

Description: Diseases of the circulatory system

Response options:

0 = No

1 = Yes

Variables used:

 $ph201_01, ph201_02, ph201_03, ph201_04, ph201_06, ph201_09, ph201_10, ph201_11, ph201_95, ph301_13$

ICD10_10

Description: Diseases of the respiratory system

Response options:

0 = No

1 = Yes

Variables used:

ph301_01, ph301_02

ICD10_11

Description: Diseases of the digestive system

Response options:

0 = No

1 = Yes

Variables used:

ph301_12, ph301_14

ICD10_12 Description: Diseases of the skin and subcutaneous tissue Response options: 0 = No1 = YesVariables used: N/A ICD10_13 Description: Diseases of the muscloskeletal system and connective tissue Response options: 0 = No1 = YesVariables used: ph301_03, ph301_04 ICD10_14 Description: Diseases of the genitourinary system Response options:

0 = No

1 = Yes

N/A

Variables used:

Description: Conditions originating in the perinatal period Response options: 0 = No 1 = Yes Variables used: N/A ICD10_16 Description: Congenital malformations, deformations and chromosomal abnormalities Response options: 0 = No 1 = Yes Variables used:

ICD10_15

N/A

IPAQ

Derived results from the IPAQ questionnaire

minswalking

Description: Number of minutes spent walking by respondent over past 7 days

Notes: Respondents are asked to record hours and minutes of time spent walking in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Includes any walking from place to place that lasted for 10 minutes or more.

Variables used:

bh106, bh106a

minsmoderate

Description: Number of minutes spent doing moderate physical activities by respondent in past 7 days

Notes: Respondents are asked to record hours and minutes of time spent doing moderate physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Moderate activity examples are carrying light loads, bicycling at a regular pace. Walking is not included

Variables used:

bh104, bh104a

minsvigorous

Description: Number of minutes spent doing vigorous physical activities by respondent in past 7 days

Notes: Respondents are asked to record hours and minutes of time spent doing vigorous physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Physical activity examples are heavy lifting, digging, aerobics or fast bicycling. Includes any vigorous activity that lasted for 10 minutes or more.

Variables used:

bh102, bh102a

walkingmet

Description: Met minutes spent walking by respondent over past 7 days

Notes: Amount of time walking (bh106, bh106a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh105). This result is multiplied by 3.3.

Variables used:

bh105, bh106, bh106a

moderatemet

Description: Met minutes spent doing moderate physical activities by respondent in past 7 days

Notes: Amount of time spent on moderate activities (bh104, bh104a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh103). This result is multiplied by 4.0.

Variables used:

bh103, bh104, bh104a

vigorousmet

Description: Met minutes spent doing vigorous physical activities by respondent in past 7 days

Notes: Amount of time spent on vigorous activities (bh102, bh102a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh101). This result is multiplied by 8.0.

Variables used:

bh101, bh102, bh102a

IPAQmetminutes

Description: Total met (metabolic equivalent) minutes spent on vigorous activities, moderate activities and walking by the respondent in the past 7 days.

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Variables used:

bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Further information:

http://www.institutferran.org/documentos/scoring short ipaq april04.pdf

IPAQexercise3

Description: Categories of how much physical activity the respondent has engaged in.

Categories -

0 = Low

1 = Moderate

2 = High

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Scores are categorised as follows:

Moderate activity:

- Respondents who have spent 3 or more days doing 20 minutes of vigorous activity.
- Respondents who have spent 30 minutes or more walking and in moderate exercise for at least 5 days.
- Respondents who have 5 or more days of any activity totalling more than 600 met minutes.

High Activity:

- Respondents who have spent 3 or more days on vigorous activity totalling 1500 or more met minutes.
- Respondents who have spent 7 or more days on all activities totalling more than 3000 met minutes.

Low activity:

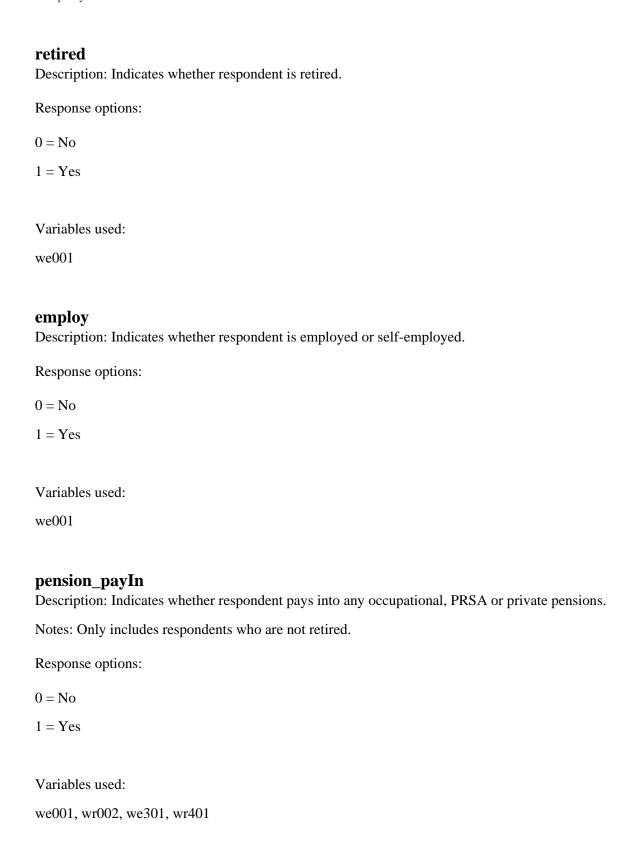
• Respondents who have answered the questions but do not meet the criteria for either the moderate or high activity categories.

Variables used:

bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Employment

Employment Status and Pensions



pension_receive

Description: Indicates whether respondent receives any pension payments – occupational, spousal, PSRA or private pension.

Response options:	
0 = No	
1 = Yes	

Variables used:

si101, si201

Financial

Derived variables from financial questions

INCASSassets

Description: Value of gross assets

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSnetassets

Description: Value of net assets

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSassets5

Description: Value of gross assets in quintiles

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSnetassets5

Description: Value of net assets in quintiles

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCtotalhousehold loop

Description: household income is based on a loop: the respondent is asked to estimate the income of each household member aged 16+, including himself/herself. Total household income is the sum of the income of each household member aged 16+. It is an estimation of NET income = after tax and deductions

Variables used:

si409_i, si412_i

Social Participation

SOCpaliveW3

Description: Indicates whether or not respondent has any living parents

Response Options

0 = None

1 = One Parent Alive

2 = Both

Variables used

tp001, tp007

SOCmothershealth

Description: Respondent's mother's health

Response Options

1 = Excellent, Very Good or Good

2 = Fair or Poor

Variables used

tp004

SOCsocParticip

Description: Indicator of a whether or not respondents are in social groups

Response Options

0 = No

1 = Yes

Variables used

cn001

SOCChurch

Description: Whether or not a respondent attends religious services

Response Options

0 = No

1 = Yes

Variables used

dm021

SOCClubs

Description: Whether or not a respondent is involved in an organisation other than a Church

Response Option

0 = No

1 = Yes

Variables used

cn001

SOCrelFriends

Description: Count of close relatives or friends

Variables used

cn002, cn003, cn004

SOCcloseTies

Description: Whether respondent has at least 2 close friends or relatives

Response Options

0 = No

1 = Yes

Variables used

cn002, cn003, cn004

SOCsocnet

Description: Social Connectedness Score

Variables USed

cn001, cn002, cn003, cn004, cn006, dm021

SCR Section

Screening tests

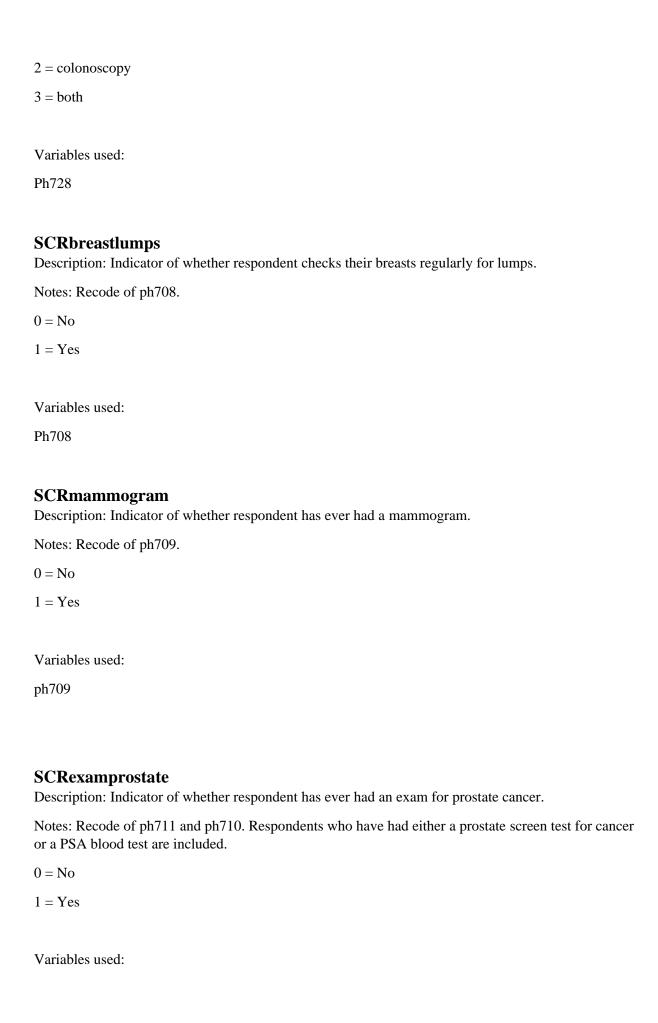
SCRflu Description: Indicator of whether respondent has ever had a flu vaccination.
Notes: Recode of ph701
0 = No
1 = Yes
Variables used:
ph701
SCRchol Description: Indicator of whether respondent has ever had a cholesterol test.
Notes: Recode of ph702
0 = No
1 = Yes
Variables used:
ph702
SCRbptest Description: Indicator of whether respondent has had blood pressure measured in last 12 months
0 = No
1 = Yes
Variables used:
ph734

SCRcolon

Description: Indicator of whether respondent has ever had a faecal blood test or colonoscopy

0 = No

1 = Faecal blood test



711

SCRpsa

Description: Indicator of whether respondent has ever had the PSA test for prostate cancer.

Notes:

0 = No

1 = Yes

Variables used:

ph711

SCRprostate

Description: Indicator of whether respondent has ever had prostate cancer.

Notes: Recode of ph711 and ph710. Respondents who have had either a prostate screen test for cancer or a PSA blood test are included.

0 = No

1 = Yes

Variables used:

ph710, ph711