

Variable Values

Value		Label
spq1	1	Very Good
	2	Good
	3	Fair
	4	Bad
	5	Very Bad
	6	Don't know
	7	Refused
q2	1	Yes
	2	No
	3	Don't know
	4	Refused
q3	1	Severly Limited
	2	Limited but not severly
	3	Not limited at all
	4	Don't know
	5	Refused
q5a	1	Less than 12 months ago
	2	More than 12 months ago
	3	Never Consulted
	4	Don't know
	5	Refused
q5c	1	Less than 12 months ago
	2	More than 12 months ago
	3	Never Consulted
	4	Don't know
	5	Refused
q5e	1	Less than 12 months ago
	2	More than 12 months ago
	3	Never Consulted
	4	Don't know
	5	Refused
q6	1	Yes, daily
	2	Yes, occasionally
	3	No
	4	Don't Know

	5	Refused
q7	1	Yes, daily
	2	Yes, occasionally
	3	No
	4	Don't Know
	5	Refused
q8	1	Within the past month (anytime < than 1 month ago)
	2	Within the past 3 months (1 month but < than 3 months ago)
	3	Within the past 6 months (3 months but < than 6 months ago)
	4	Within the past year (6 months but < than 1 year ago)
	5	Within the past 5 years (1 year but < than 5 years ago)
	6	Within the past 10 years (5 years but < than 10 years ago)
	7	10 or more years ago
	8	Don't Know
	9	Refused
slq9b	1	Smokes less often than once a week
	2	Don't know
	3	Refused to answer
q10	1	I have never heard of e-cigarettes and have never tried them
	2	I have heard of e-cigarettes but have never tried them
	3	I have tried e-cigarettes but do not use them (anymore)

	4	I have tried e-cigarettes and still use them
	5	Don't Know
	6	Refused
q11	1	Yes
	2	No
	3	Don't Know
	4	Refused
q12_1	0	Not Nicotine patches, gum, lozenges, spray
	1	Nicotine patches, gum, lozenges, spray
q12_2	0	Not Varenicline/Champix or Bupropion/Zyban (prescribed medication)
	1	Varenicline/Champix or Bupropion/Zyban (prescribed medication)
q12_3	0	Not Acupuncture
	1	Acupuncture
q12_4	0	Not Smokers telephone Quitline/Helpline
	1	Smokers telephone Quitline/Helpline
q12_5	0	Not www.quit.ie
	1	www.quit.ie
q12_6	0	Not www.facebook.com/HSEquit
	1	www.facebook.com/HSEquit
q12_7	0	Not E-cigarettes
	1	E-cigarettes
q12_8	0	Not Other aid, help, support
	1	Other aid, help, support
q12_9	0	Not No help used
	1	No help used

q12_10	0	Not Hypnotist
	1	Hypnotist
q12_11	0	Not Don't Know
	1	Don't Know
q12_12	0	Not Refused
	1	Refused
q13	1	Trying to quit
	2	Actively planning to quit
	3	Thinking about quitting but not planning to
	4	Not thinking about quitting
	5	Don't Know
	6	Refused
q14	1	Yes
	2	Never
	3	Have only had a few sips of alcohol in my lifetime
	4	Don't Know
	5	Refused
exq15	1	Daily
	2	5-6 times a week
	3	4 times a week
	4	3 times a week
	5	Twice a week
	6	Once a week
	7	2-3 times a month
	8	Once a month
	9	6-11 times a year
	10	2-5 times a year
	11	Once a year
	12	I did not drink in the last year but I drank longer ago
	13	Dramatically changed drinking in last 12 months
	14	Don't Know
	15	Refused
exq18	1	Daily
	2	5/6 times a week

	3	4 times a week
	4	3 times a week
	5	2 times a week
	6	Once a week
	7	2/3 times a month
	8	Once a month
	9	6-11 times a year
	10	2-5 times a year
	11	Once a year
	12	Never
	13	Don't Know/Refused
q19a	1	Yes
	2	No
q19b	1	Yes
	2	No
q19c	1	Yes
	2	No
q19d	1	Yes
	2	No
q19e	1	Yes
	2	No
q19f	1	Yes
	2	No
q19g	1	Yes
	2	No
q19h	1	Yes
	2	No
q20spa	1	No, Never
	2	Yes, once
	3	Yes, more than once
	4	Don't Know
q20spb	1	No, Never
	2	Yes, once
	3	Yes, more than once
	4	Don't Know
q20spc	1	No, Never
	2	Yes, once
	3	Yes, more than once

	4	Don't Know
q20spd	1	No, Never
	2	Yes, once
	3	Yes, more than once
	4	Don't Know
q20spe	1	No, Never
	2	Yes, once
	3	Yes, more than once
	4	Don't Know
q21a	1	Never
	2	One day
	3	Two days
	4	Three days
	5	Four days
	6	Five days
	7	Don't Know
	8	Refused
q21b	1	Never
	2	One day
	3	Both Saturday and Sunday
	4	Don't Know
	5	Refused
q22	1	Once or more a day
	2	4 to 6 times a week
	3	1 to 3 times a week
	4	Less than once a week
	5	Never
	6	Don't Know
	7	Refused
q24	1	Once or more a day
	2	4 to 6 times a week
	3	1 to 3 times a week
	4	Less than once a week
	5	Never
	6	Don't Know
	7	Refused
q27	1	Once or more a day
	2	4 to 6 times a week

	3	1 to 3 times a week
	4	Less than once a week
	5	Never
	6	Don't Know
	7	Refused
q28	1	I eat/cook homemade meals from scratch using fresh, raw ingredients
	2	I eat/cook meals using a combination of fresh ingredients and packets/jars of ingredients/sauces
	3	I heat up ready meals in the oven/microwave oven (i.e. pizza, lasagne, frozen fish, chicken and veg)
	4	I eat out
	5	I eat take away food
	6	Don't Know
	7	Refused
q29	1	Always
	2	Usually
	3	Sometimes
	4	Rarely
	5	Never
	6	N/A
	7	Don't Know
	8	Refused
q30	1	Always
	2	Usually
	3	Sometimes
	4	Rarely
	5	Never
	6	Don't Know
	7	Refused
q31	1	1 Day
	2	2 Days

	3	3 Days
	4	4 Days
	5	5 Days
	6	6 Days
	7	7 Days
	8	No vigorous physical activities
q33	1	1 Day
	2	2 Days
	3	3 Days
	4	4 Days
	5	5 Days
	6	6 Days
	7	7 Days
	8	No moderate physical activities
q35	1	1 Day
	2	2 Days
	3	3 Days
	4	4 Days
	5	5 Days
	6	6 Days
	7	7 Days
	8	No walking
q38	1	I am trying to lose weight
	2	I am trying to maintain weight
	3	I am trying to gain weight
	4	None of the above
q39_1	0	Not Eating fewer calories
	1	Eating fewer calories
q39_2	0	Not Eating less fat
	1	Eating less fat
q39_3	0	Not Eating/drinking fewer sugar sweetened foods/drinks
	1	Eating/drinking fewer sugar sweetened foods/drinks

q39_4	0	Not Taking more exercise
	1	Taking more exercise
q39_5	0	Not Other
	1	Other
q39_6	0	Not None / Nothing
	1	None / Nothing
q39_7	0	Not Don't Know
	1	Don't Know
q43	1	Yes
	2	No
	3	Don't Know
q44a	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44b	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44c	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44d	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44e	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44f	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44g	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44h	1	A big problem
	2	A bit of a problem
	3	Not a problem
q44i	1	A big problem
	2	A bit of a problem
	3	Not a problem

q45a	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45b	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45c	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45d	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45e	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45f	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45g	1	All of the time
	2	Most of the time

	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45h	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q45i	1	All of the time
	2	Most of the time
	3	A good bit of the time
	4	Some of the time
	5	A little of the time
	6	None of the time
q46sp_1	0	Not Cut down smoking
	1	Cut down smoking
q46sp_2	0	Not Stop smoking
	1	Stop smoking
q46sp_3	0	Not Cut down the amount of alcohol I drink
	1	Cut down the amount of alcohol I drink
q46sp_4	0	Not Be more physically active
	1	Be more physically active
q46sp_5	0	Not Control weight or lose weight
	1	Control weight or lose weight
q46sp_6	0	Not Eat more healthily
	1	Eat more healthily
q46sp_7	0	Not Reduce the amount of stress in my life
	1	Reduce the amount of stress in my life
q46sp_8	0	Not Sleep better

	1	Sleep better
q46sp_9	0	Not Relax more
	1	Relax more
q46sp_10	0	Not Have more time for myself
	1	Have more time for myself
q46sp_11	0	Not Have more time for family
	1	Have more time for family
q46sp_12	0	Not Be more connected with my community
	1	Be more connected with my community
q46sp_13	0	Not Have a better work/life balance
	1	Have a better work/life balance
q46sp_14	0	Not Change Job
	1	Change Job
q46sp_15	0	Not Find a job
	1	Find a job
q46sp_16	0	Not Be more financially secure
	1	Be more financially secure
q46sp_17	0	Not Other
	1	Other
q46sp_18	0	Not None of the above
	1	None of the above
q46sp_19	0	Not Don't know
	1	Don't know
q47sp_1	0	Not No, I Don't Know anyone who has or had, dementia
	1	No, I Don't Know anyone who has or had, dementia
q47sp_2	0	Not Yes, my job involves / involved working with people who have dementia

	1	Yes, my job involves / involved working with people who have dementia
q47sp_3	0	Not Yes, I have dementia myself
	1	Yes, I have dementia myself
q47sp_4	0	Not Yes, my partner or a member of my close / immediate family
	1	Yes, my partner or a member of my close / immediate family
q47sp_5	0	Not Yes, a friend(s) I know fairly well
	1	Yes, a friend(s) I know fairly well
q47sp_6	0	Not Yes, a friend(s) or acquaintance(s) I know less well
	1	Yes, a friend(s) or acquaintance(s) I know less well
q47sp_7	0	Not Yes, a colleague / someone at my work
	1	Yes, a colleague / someone at my work
q47sp_8	0	Not Yes, someone else
	1	Yes, someone else
q47sp_9	0	Not Not sure
	1	Not sure
q48a	1	True
	2	False
	3	Don't know
q48b	1	True
	2	False
	3	Don't know
q48c	1	True
	2	False

	3	Don't know
q48d	1	True
	2	False
	3	Don't know
q49a	1	True
	2	False
	3	Don't know
q49b	1	True
	2	False
	3	Don't know
q49c	1	True
	2	False
	3	Don't know
q49d	1	True
	2	False
	3	Don't know
q49e	1	True
	2	False
	3	Don't know
q50	1	Talk to the person themselves about the best thing to do?
	2	Talk to a family member or friend?
	3	Talk to a doctor or nurse?
	4	Phone a helpline?
	5	Contact a charity or support group? (e.g. The Alzheimer Society of Ireland)
	6	Search the internet?
	7	Do nothing
	8	Other
	9	Don't Know
q52	1	Male
	2	Female
q53	1	Single, never married and never in a civil partnership

	2	Married or in a civil partnership
	3	Widowed or with civil partnership that ended with death of partner (not remarried or in civil
	4	Divorced or with civil partnership that was legally dissolve (not remarried or in new civil
	5	Separated (including deserted)
q54a	1	Yes
	2	No
q54b	1	Yes
	2	No
q55	1	Yes
	2	No
q58	1	Working for payment or profit
	2	Looking for first regular job
	3	Unemployed, having lost or given up previous job
	4	Actively looking for work after voluntary interruption of working life (for 12 months or more) for personal or domestic
	5	Student or pupil
	6	Engaged on home duties
	7	Retired from employment
	8	Unable to work due to permanent sickness or disability.
	9	Other
	10	None/Nothing
	11	Don't know
q58_2	1	Working for payment or profit

	2	Looking for first regular job
	3	Unemployed, having lost or given up previous job
	4	Actively looking for work after voluntary interruption of working life (for 12 months or more) for
	5	Student or pupil
	6	Engaged on home duties
	7	Retired from employment
	8	Unable to work due to permanent sickness or disability.
	9	Other
	10	None/Nothing
	11	Don't know
q59a	1	Yes
	2	No
q63b	1	Yes
	2	No
sipaq	1	High
	2	Moderate
	3	Low
	4	None
qevi	1	High energy and vitality group
	2	NOT High energy and vitality group
qpmhp	1	Probable mental health problem
	2	NOT Probable mental health problem
ac	1	'0
	2	'1-2
	3	'3-4
	4	'5+
metrc_1	0	Not Normal
	1	Normal

metrc_2	0	Not Increased
	1	Increased
metrc_3	0	Not Substantially Increased
	1	Substantially Increased
q101	1	None
	2	1 day
	3	2 days
	4	3 days
	5	4 days
	6	5 days
	7	6 days
	8	7 days
	9	Don't know
q103	1	Yes
	2	No
	3	Don't know/refused
q104	1	Yes
	2	No
	3	Don't know/refused
q105	1	Well above average
	2	Slightly above average
	3	About average
	4	Slightly below average
	5	Well below average
	6	Don't know/Refused
q106sp_1	0	Not Do enough already
	1	Do enough already
q106sp_2	0	Not Don't want to do any more
	1	Don't want to do any more
q106sp_3	0	Not It's boring
	1	It's boring
q106sp_4	0	Not Too lazy
	1	Too lazy
q106sp_5	0	Not Too busy in work
	1	Too busy in work

q106sp_6	0	Not Too busy caring for others
	1	Too busy caring for others
q106sp_7	0	Not Too busy with other things
	1	Too busy with other things
q106sp_8	0	Not No-one to do it with
	1	No-one to do it with
q106sp_9	0	Not No suitable location that is convenient
	1	No suitable location that is convenient
q106sp_10	0	Not No suitable equipment
	1	No suitable equipment
q106sp_11	0	Not Poor health
	1	Poor health
q106sp_12	0	Not Injuries/fear of injuries
	1	Injuries/fear of injuries
q106sp_13	0	Not Self-conscious about how I look
	1	Self-conscious about how I look
q106sp_14	0	Not Other
	1	Other
q106sp_15	0	Not Don't know/Refused
	1	Don't know/Refused
q107_1	0	Not Keep fit
	1	Keep fit
q107_2	0	Not Lose weight
	1	Lose weight
q107_3	0	Not Spend time with family
	1	Spend time with family
q107_4	0	Not Spend time with friends
	1	Spend time with friends
q107_5	0	Not To walk the dog
	1	To walk the dog

q107_6	0	Not Training for a competition
	1	Training for a competition
q107_7	0	Not Participating in a competition
	1	Participating in a competition
q107_8	0	Not To help with injury/disability
	1	To help with injury/disability
q107_9	0	Not For mental health/clear the head
	1	For mental health/clear the head
q107_10	0	Not Just for the enjoyment
	1	Just for the enjoyment
q107_11	0	Not No suitable equipment
	1	No suitable equipment
q107_12	0	Not Poor health
	1	Poor health
q107_13	0	Not Injuries/fear of injuries
	1	Injuries/fear of injuries
q107_14	0	Not Self-conscious about how I look
	1	Self-conscious about how I look
q107_15	0	Not Other
	1	Other
q107_16	0	Not Don't know/Refused
	1	Don't know/Refused
q108	1	Keep fit
	2	Lose weight
	3	Spend time with family
	4	Spend time with friends
	5	To walk the dog
	6	Training for a competition

	7	Participating in a competition
	8	To help with injury/disability
	9	For mental health/clear the head
	10	Just for the enjoyment
	11	No suitable equipment
	12	Poor health
	13	Injuries/fear of injuries
	14	Self-conscious about how I look
	15	Other
	16	No one particular reason
	17	Don't know/Refused
q108a	1	Sitting down
	2	Standing up
	3	Mostly walking or tasks of moderate physical effort
	4	Mostly heavy labour or physically demanding work
	5	Don't know/Refused
q109	1	Very physically active
	2	Fairly physically active
	3	Not very physically active
	4	Not at all physically active
q113a	1	Yes
	2	No
	3	Don't know
q113b	1	Yes
	2	No
	3	Don't know
q113c	1	Yes
	2	No
	3	Don't know
q113d	1	Yes
	2	No
	3	Don't know

sq114a	1	Agree strongly
	2	Agree slightly
	3	Neither agree nor disagree
	4	Disagree slightly
	5	Disagree strongly
	6	Don't Know
sq114b	1	Agree strongly
	2	Agree slightly
	3	Neither agree nor disagree
	4	Disagree slightly
	5	Disagree strongly
	6	Don't Know
sq114c	1	Agree strongly
	2	Agree slightly
	3	Neither agree nor disagree
	4	Disagree slightly
	5	Disagree strongly
	6	Don't Know
sq114d	1	Agree strongly
	2	Agree slightly
	3	Neither agree nor disagree
	4	Disagree slightly
	5	Disagree strongly
	6	Don't Know
q115a	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know

q115b	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know
q115c	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know
q115d	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know

q115e	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know
q115f	1	Saw this health professional in the last 12 months and discussed ways of giving up smoking
	2	Saw this health professional in the last 12 months but did not discuss ways of giving up smoking
	3	Did not see this health professional in the last 12 months
	4	Don't Know
q116	1	Never or almost never
	2	Less than 1 hour per day
	3	1 hour or more per day
	4	Don't know
	5	Refused
q120	1	Yes
	2	No
	3	Don't know/refused
q143	1	I am a heavy drinker
	2	I am a heavy drinker and sometimes I binge drink
	3	I am a moderate drinker
	4	I am a moderate drinker and sometimes I binge drink

	5	I am a light drinker
	6	I am a light drinker and sometimes I binge drink
	7	Don't know
	8	Refused
q144a	1	Yes
	2	No
	3	Don't know
q144b	1	Yes
	2	No
	3	Don't know
q144c	1	Yes
	2	No
	3	Don't know
q144d	1	Yes
	2	No
	3	Don't know
q145_1	0	Not Liver disease
	1	Liver disease
q145_2	0	Not Pancreatitis
	1	Pancreatitis
q145_3	0	Not Stomach ulcers
	1	Stomach ulcers
q145_4	0	Not High blood pressure
	1	High blood pressure
q145_5	0	Not Breast cancer among women
	1	Breast cancer among women
q145_6	0	Not Skin cancer
	1	Skin cancer
q145_7	0	Not Bowel cancer
	1	Bowel cancer
q145_8	0	Not All of these
	1	All of these
q145_9	0	Not Don't know
	1	Don't know
q146a	1	Yes

	2	No
	3	Don't know
q146b	1	Yes
	2	No
	3	Don't know
q146c	1	Yes
	2	No
	3	Don't know
q146d	1	Yes
	2	No
	3	Don't know
region	1	Dublin
	2	Rest of Leinster
	3	Munster
	4	Conn/Ulster
urbrul	1	Urban
	2	Rural
dep	1	1
	2	2
	3	3
	4	4
	5	5
	6	6
	7	7
	8	8
	9	9
	10	10
	11	Not known
key1	1	A Employers and Managers
	2	B Higher Professional
	3	C Lower Professional
	4	D Non-Manual
	5	E Manual Skilled
	6	F Semi-Skilled
	7	G Unskilled
	8	H Own Account Workers
	9	I Farmers

	10	J Agricultural Workers
	11	Z All others gainfully occupied and unknown
ageclass	1	15-24 years
	2	25-44 years
	3	45-64 years
	4	65 and over
agecls2	1	15-24 years
	2	25-49 years
	3	50-64 years
	4	65 and over
agecls3	1	15-24 years
	2	25-54 years
	3	55-64 years
	4	65 and over
edu	1	No formal / Primary
	2	Lower Secondary
	3	Upper Secondary
	4	Non-degree
	5	Degree or higher
countbirth	1	Ireland
	2	UK
	3	EU15 excl Ireland and UK
	4	Rest of EU
	5	Rest of World